

THOMAS REDDALL HIGH SCHOOL PDHPE UNIT PLAN

Unit Title: Soccer 1	Unit Length: 7 x 50 minute practical lessons	Year: 8 – Term 3
Syllabus Outcomes		Skills that enhance learning in PDHPE
4.4 demonstrates and refines movement skills in a range of contexts and environments. 4.5 combines the features and elements of movement composition to perform in a range of contexts and environments		4.13 demonstrates cooperation and support of others in social, recreational and other group contexts (<i>Interacting</i>) 4.14 engages successfully in a wide range of movement situations that displays an understanding of how and why people move (<i>Moving</i>)
Evidence of Learning (What students will know, understand, be able to do)		
By the end of this unit, students will be able to: • practise and refine fundamental and specialised movement skills in predictable and dynamic learning environments • participate in a variety of movement activities to demonstrate and enhance body control, body awareness, object manipulation, anticipation and • participate in movement activities that demonstrate and reinforce the transfer of skills across different movement contexts • participate safely in movement activities • demonstrate movement skills through a range of experiences		
Physical Literacy Continuum Focus: Tactical Movement (TM) & Personal and Social Attributes (PSA) Cluster 4, 5 & 6 Markers (End of Year 6 through to End of 10)		
TACTICAL MOVEMENT TM Includes understanding of physical activity contexts, rules and tactics. This understanding is used to plan for tactical movement and demonstration of critical and creative thinking through movement. Thinking in action (A) Knowledge of physical activity contexts (B)		TM a5.1 Applies multiple tactics appropriately to achieve success within a range of physical activities TM a5.2 Transfers tactics across physical activities TM b5.1 Compares tactics and how they can be used across multiple physical activities TM b5.2 Creates a plan to succeed in physical activity which takes account of the abilities of self and others

PERSONAL AND SOCIAL ATTRIBUTES Includes safety, cooperation, communication and conflict resolution within physical activity settings with a focus on inclusion of others and respectful participation in physical activity and other contexts. PSA)	Safety (A) Conflict resolution (B) Inclusion (C) Cooperation and communication (D)	PSA a5.1 Assesses and adjusts the physical environment to ensure safety in physical activity for self and others PSA b5.1 Resolves personal conflict in a sensitive manner using appropriate strategies PSA b5.2 Reflects on conflict situations to devise plans to reduce conflict in the future PSA c5.1 Selects and role models strategies that promote inclusion in physical activity PSA c5.2 Demonstrates actions that support the rights and feelings of others PSA d5.1 Interacts confidently with others in physical activities PSA d5.2 Makes individual compromises based on the strengths of self and others to work effectively as a group PSA d5.3 Supports and encourages the enjoyable involvement of others PSA d5.4 Responds positively to the needs of others
Cross-curriculum content	Resources	
	- BOS NSW (2003). <i>Personal Development, Health & Physical Education – Years 7-10 Syllabus</i>. Sydney: Author. - PDHPE Zone – Stage 4: Movement Skills - Luxbacher, J.A. (1996). <i>Soccer – Steps to Success (2nd Ed.)</i>. Clapham, South Australia: Human Kinetics. - Kleinman, I (2009). <i>Complete Physical Education Plans for Grades 5 to 12</i>. Champaign, IL: Human Kinetics.	

Learn About's	Learn To's	Teaching & Learning Strategies	Registration					
			8A	8B	8C	8D	8E	
• Types of movement skills - fundamental - specialised - locomotor and non-locomotor - manipulative	• practise and refine fundamental and specialised movement skills in predictable and dynamic learning environments	• 'Pingers' of the Wall (L1) PSA a 5.1 PSA d 5.1						
		• 'Rapid Fire' Partner Pass (L1) PSA d 5.1 TM a 5.2						
		• Long Distance Pass (L1) PSA d 5.1 TM b 5.1 TM a 5.2						
		• Pass & Support (L1) PSA d 5.1 TM b 5.1						
		• Over & Under (L2) PSA d 5.3 PSA d 5.1						
		• Passing to Moving Targets (L2) TM a 5.1 TM a 5.2 PSA d 5.1						
		• Slalom Dribble (L3) PSA d 5.3						
		• Speed Dribble Relay (L3) PSA d 5.1						
		• Jump and Head a Stationary Ball (L5) PSA d 5.1						
		• Jumper Header to Partner (L5) PSA d 5.1						
		• Shooting from Set Pieces (L6) PSA a 5.1						
• Aspects of movement skill development - body control and awareness - object manipulation and control - anticipation and timing - technique	• participate in a variety of movement activities to demonstrate and enhance body control, body awareness, object manipulation, anticipation and timing	• 'Pingers' of the Wall (L1) PSA a 5.1 PSA d 5.1						
		• 'Rapid Fire' Partner Pass (L1) PSA d 5.1 TM a 5.2						
		• Long Distance Pass (L1) PSA d 5.1 TM b 5.1 TM a 5.2						
		• Pass & Support (L1) PSA d 5.1 TM b 5.1						
		• Over & Under (L2) PSA d 5.3 PSA d 5.1						
		• Passing to Moving Targets (L2) TM a 5.1 TM a 5.2 PSA d 5.1						
		• Soccer Dodge Ball (L2) PSA d 5.3, PSA d 5.1						
		• Slalom Dribble (L3) PSA d 5.3						
		• Speed Dribble Relay (L3) PSA d 5.1						
		• Line to Line (L3) PSA d 5.1						
		• Individual Ball Possession Game (L3) TM a 5.1 TM b 5.1						
		• Jump and Head a Stationary Ball (L5) PSA d 5.1						

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		- Moving Headers (L5) PSA a 5.1 PSA d 5.1 - Shooting from Set Pieces (L6) PSA a 5.1 - First Time Shooting Drill (L6) PSA d 5.3 - Jumper Header to Partner (L5) PSA d 5.1 - Heading to Score (L5) TM a 5.1 TM b 5.1						
Influences on skill development and performance - applying skills across contexts - predictable and dynamic environments - importance of practice - safety	participate in movement activities that demonstrate and reinforce the transfer of skills across different movement contexts	Pass & Support (L1) PSA d 5.1 TM b 5.1						
		Passing to Moving Targets (L2) TM a 5.1 TM a 5.2 PSA d 5.1						
		Cone to Cone (L3) PSA d 5.1 TM a 5.1						
		Two on Two to a Central Goal (L4) TM a 5.1 PSA d 5.1						
		Jumper Header to Partner (L5) PSA d 5.1						
		Heading Races – Front to Back (L5) PSA a 5.1 PSA d 5.1						
		First Time Shooting Drill (L6) PSA d 5.3						
	participate safely in movement activities	All activities (L1-7)						
Contexts for specialised movement skills - Games	- demonstrate movement skills through a range of experiences including: - games	Over & Under (L2) PSA d 5.3 PSA d 5.1						
		Soccer Dodge Ball (L2) PSA d 5.3, PSA d 5.1						
		The Possession Game (L2) TM a 5.1, TM b 5.1						
		Two on Two to a Central Goal (L4) TM a 5.1 PSA d 5.1						
		Four Zone Game (L4) TM a 5.1 TM b 5.1 PSA d 5.1						
		Goal Scoring Derby (L6) TM a 5.1, TM a 5.2, TM b 5.1						
		Game of Soccer (L7) TM a 5.1, TM a 5.2, TM b 5.1 PSA a 5.1 PSA d 5.1 PSA d 5.3						

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Features of movement composition - purpose - responding to stimuli - improvising - planning - sequencing - performing	- participate in a range of movement activities that demonstrate and enhance their ability to: - understand the influence of purpose when composing movement - respond creatively to stimuli, eg music, ideas, player movements - improvise movements to solve problems, eg defending or attacking strategies, expressing ideas	Soccer Dodge Ball (L2) PSA d 5.3, PSA d 5.1						
		The Possession Game (L2) TM a 5.1, TM b 5.1						
		Cone to Cone (L3) PSA d 5.1 TM a 5.1						
		Line to Line (L3) PSA d 5.1						
		Individual Ball Possession Game (L3) TM a 5.1 TM b 5.1						
		Receive & Control Under Pressure (L4) TM a 5.1 TM a 5.2						
		First Time Shooting Drill (L6) PSA d 5.3						
		Game of Soccer (L7) TM a 5.1, TM a 5.2, TM b 5.1 PSA a 5.1 PSA d 5.1 PSA d 5.3						
	provide and make use of constructive feedback to refine movement performances	All activities (L1-7)						
The elements of composition - space - dynamics - rhythm & timing - relationships	explore relationships, eg with a partner/group/team member, opposition players, equipment and apparatus, the performance environment	Soccer Dodge Ball (L2) PSA d 5.3, PSA d 5.1						
		The Possession Game (L2) TM a 5.1, TM b 5.1						
		Two on Two to a Central Goal (L4) TM a 5.1 PSA d 5.1						
		Goal Scoring Derby (L6) TM a 5.1, TM a 5.2, TM b 5.1						
		Game of Soccer (L7)						
	- use the elements of composition to create and perform: - defensive and offensive strategies in games	The Possession Game (L2) TM a 5.1, TM b 5.1						
		Receive & Control Under Pressure (L4) TM a 5.1 TM a 5.2						
		Four Zone Game (L4) TM a 5.1 TM b 5.1 PSA d 5.1						
		Goal Scoring Derby (L6) TM a 5.1, TM a 5.2, TM b 5.1						
		Game of Soccer (L7) TM a 5.1, TM a 5.2, TM b 5.1 PSA a 5.1 PSA d 5.1 PSA d 5.3						