

PDHPE

Stage 1: Child Protection Education Resources

Staying safe

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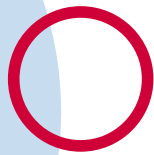
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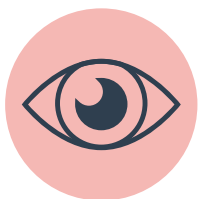
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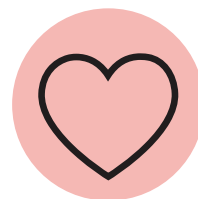
Worksheet Y-chart



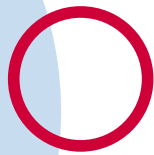
Sounds like



Looks like



Feels like



Cards

Groups I belong to



Classrooms



1

Close family friends



2

Cultural groups



3

Extended family



4

Hobby groups



5

Family



6

Music groups



Peer groups



7

Sports teams



8

Work groups



Teacher notes

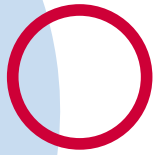
Strengths cards

Strengths	Definition
Honest	You tell the truth even when it is not easy.
Funny	You try to cheer people up by making them laugh.
Forgiving	You accept others' apologies.
Kind	You help others and use kind words.
A leader	You help your group work well together.
Brave	You are able to do what is important even when you feel scared.
Self-control	You can do what is important even if you don't want to.
Notice others	You think of how others might be feeling.
Assertive	You are able to say things in a strong, clear and fair way.
Fair	You include everyone and you follow the rules.
Determined	You keep trying even when it gets hard.
Curious	You like to learn new things and ask questions.
Patient	You can wait for your turn even if it takes a while.
Generous	You are good at sharing and giving.
Creative	You like to come up with new ideas and new ways of doing things.



Teacher notes: **Strengths cards**

Persistent	You keep trying even if you fail.
Notice myself	You notice how you are feeling and how that makes you behave.
Good listener	You listen to others ideas and how they feel.



Cards

Strengths

Honest

Fair

Funny

Determined

Forgiving

Curious

Kind

Patient

A leader

Generous



Brave

Creative

Self-control

Persistent

**Notice
others**

**Notice
myself**

Assertive

**Good
listener**

Honest

**You tell the truth even
when it is not easy.**

Fair

**You include everyone
and you follow the rules.**



Funny

You try to cheer people up by making them laugh.

Determined

You keep trying even when it gets hard.

Forgiving

You accept others' apologies.

Curious

You like to learn new things and ask questions.

Kind

You help others and use kind words.

Patient

You can wait for your turn even if it takes a while.

A leader

You help your group work well together.

Generous

You are good at sharing and giving.



Brave

You are able to do what is important even when you feel scared.

Creative

You like to come up with new ideas and new ways of doing things.

Self-control

You can do what is important even if you don't want to.

Persistent

You keep trying even if you fail.

Notice others

You think of how others might be feeling.

Notice myself

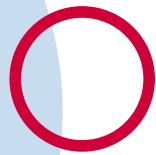
You notice how you are feeling and how that makes you behave.

Assertive

You are able to say things in a strong, clear and fair way.

Good listener

You listen to others ideas and how they feel.



Cards

Emotions

No feelings



36

Angry



37

Confused



38

Disgusted



39

**Frightened,
afraid, scared**



40

Frustrated



41

Grumpy



42

Hurt



43

Lonely



44

Nervous



45

Shocked



46

Unhappy, sad



47

Worried

Yes feelings



48

Peaceful, calm



49

Excited



50

Happy



51

Loved, safe



52

Proud



53

Shy



54

Surprised



Images

Safe and unsafe situations

Walking to school

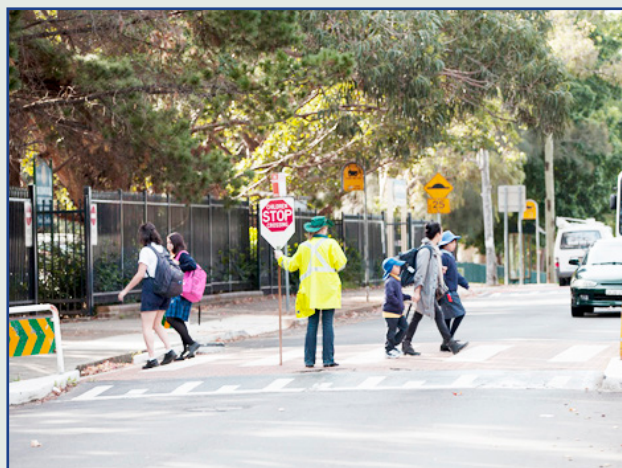


9

Walk on the footpath away from the road and hold an adult's hand



9



10

Walk straight to school

Riding a bike



11



9

Always wear a helmet



13

Find a safe place to ride



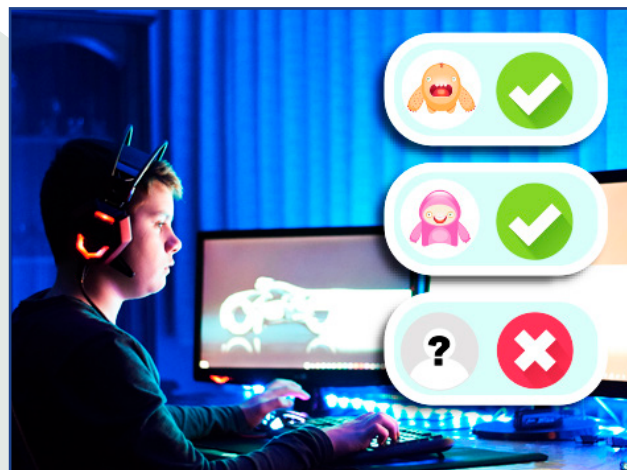
12

Ride your bike away from the road

Playing a game online

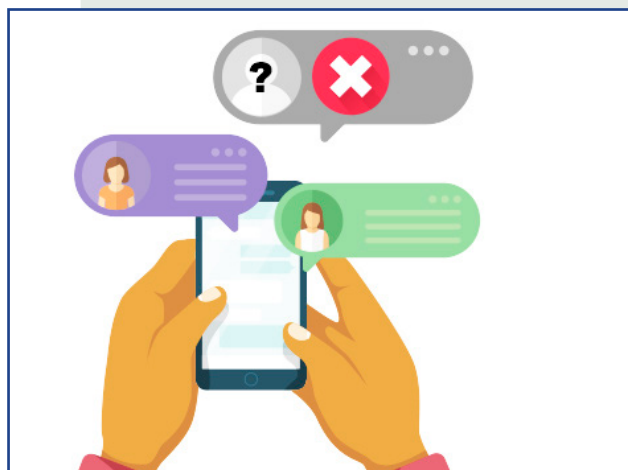


14



15

Don't accept people you don't know as friends



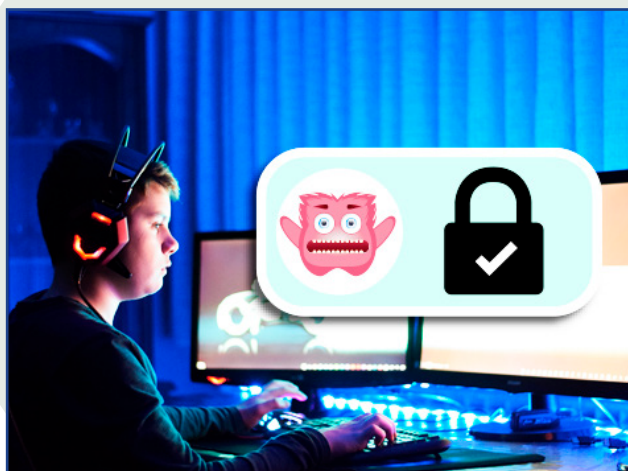
16

Don't open messages from people you don't know



17

Don't share your password or personal information



18

Keep your profile private

Cooking dinner



20

Get adults to do the cutting



19



20

Cook with an adult



22

Stay out of the way



23

Don't touch the stove



21

Wear oven mitts



In a car or bus



9



24

Always buckle up safely



9

Don't distract the driver



25

Get in and out of the car on the footpath side



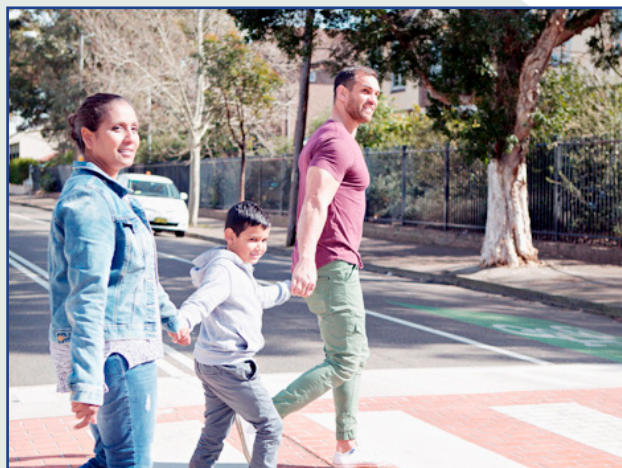
26

Stay in your seat

Crossing a road



9



9

Cross at the crossing



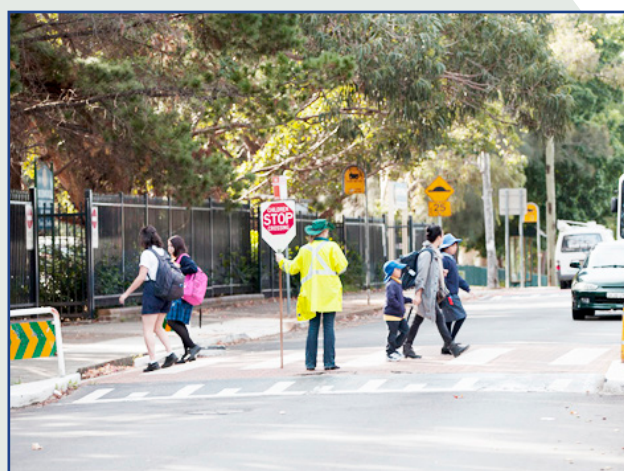
27

Hold an adult's hand when you cross the road



28

Stop! Look! Listen! Think! before crossing the road



9

Use a safe place to walk across the road with an adult



Swimming at the beach or in a pool



29



30

Swim between the flags



31

Have an adult watching you



32

Swim with an adult



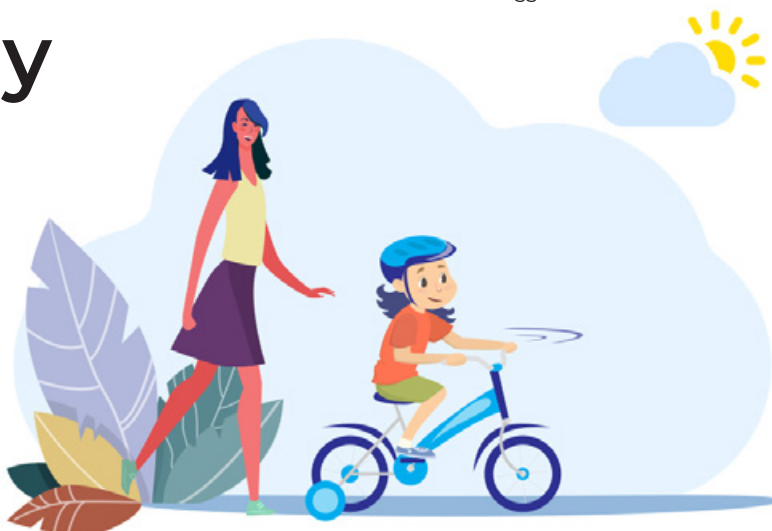
Images

Persistence



33

Try

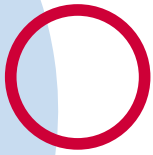


34

**Persist
and
succeed**



35



Cards

Body parts

arms

ear

neck

elbows

eyes

thighs

face

feet

nipples

fingers

hands

breasts

head

knee

anus

legs

lips

bottom

mouth

nose

testicles

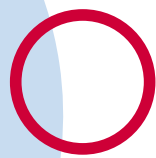
shoulder

toes

penis

vulva

vagina



Images

Body parts



Arms



Ear



Elbows



Eyes



Face



Feet



Fingers



Hands



Head



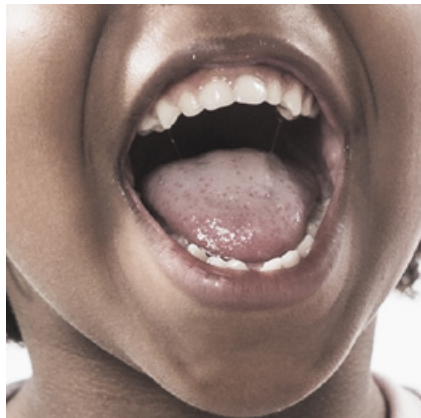
Knee



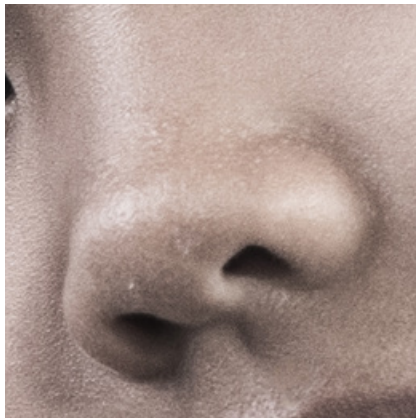
Legs



Lips



Mouth



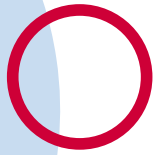
Nose



Shoulder

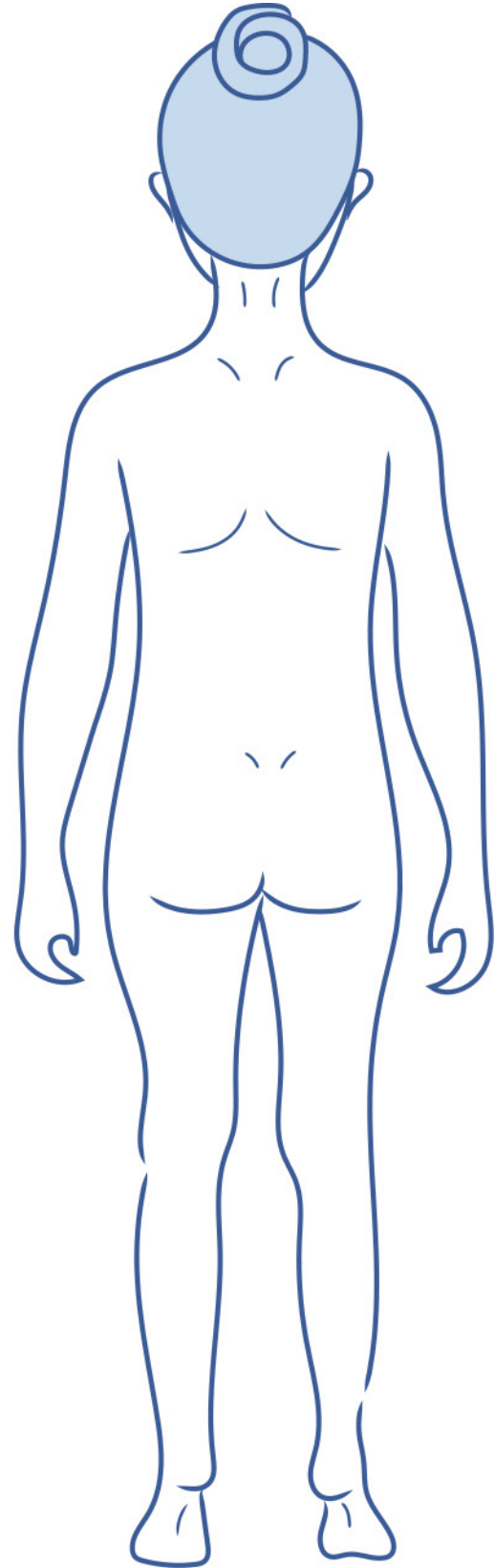
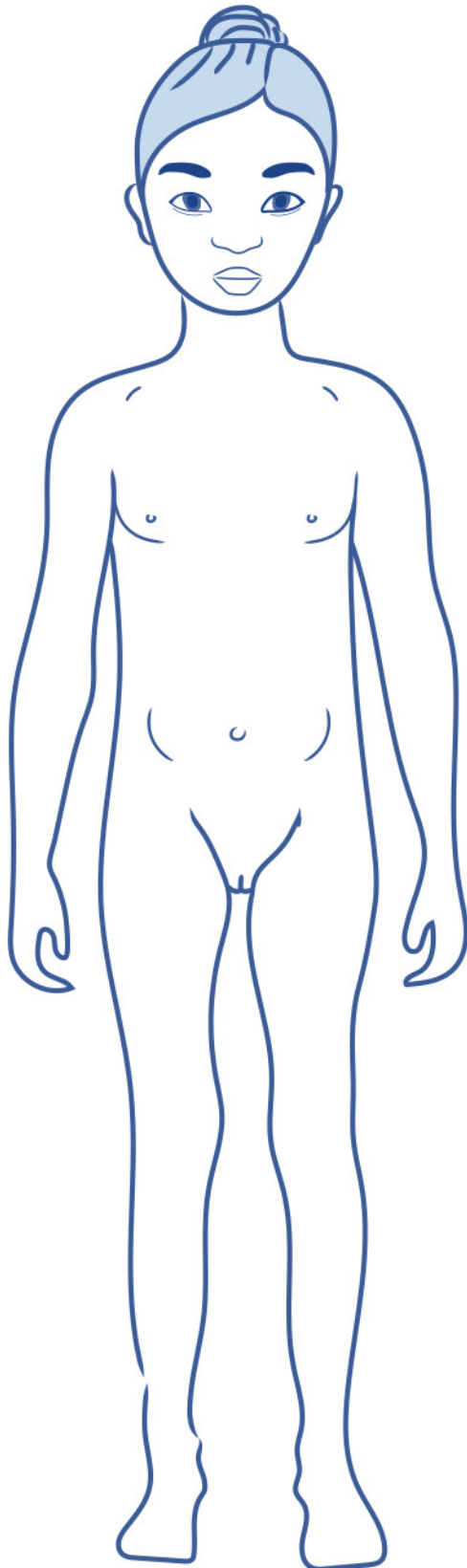


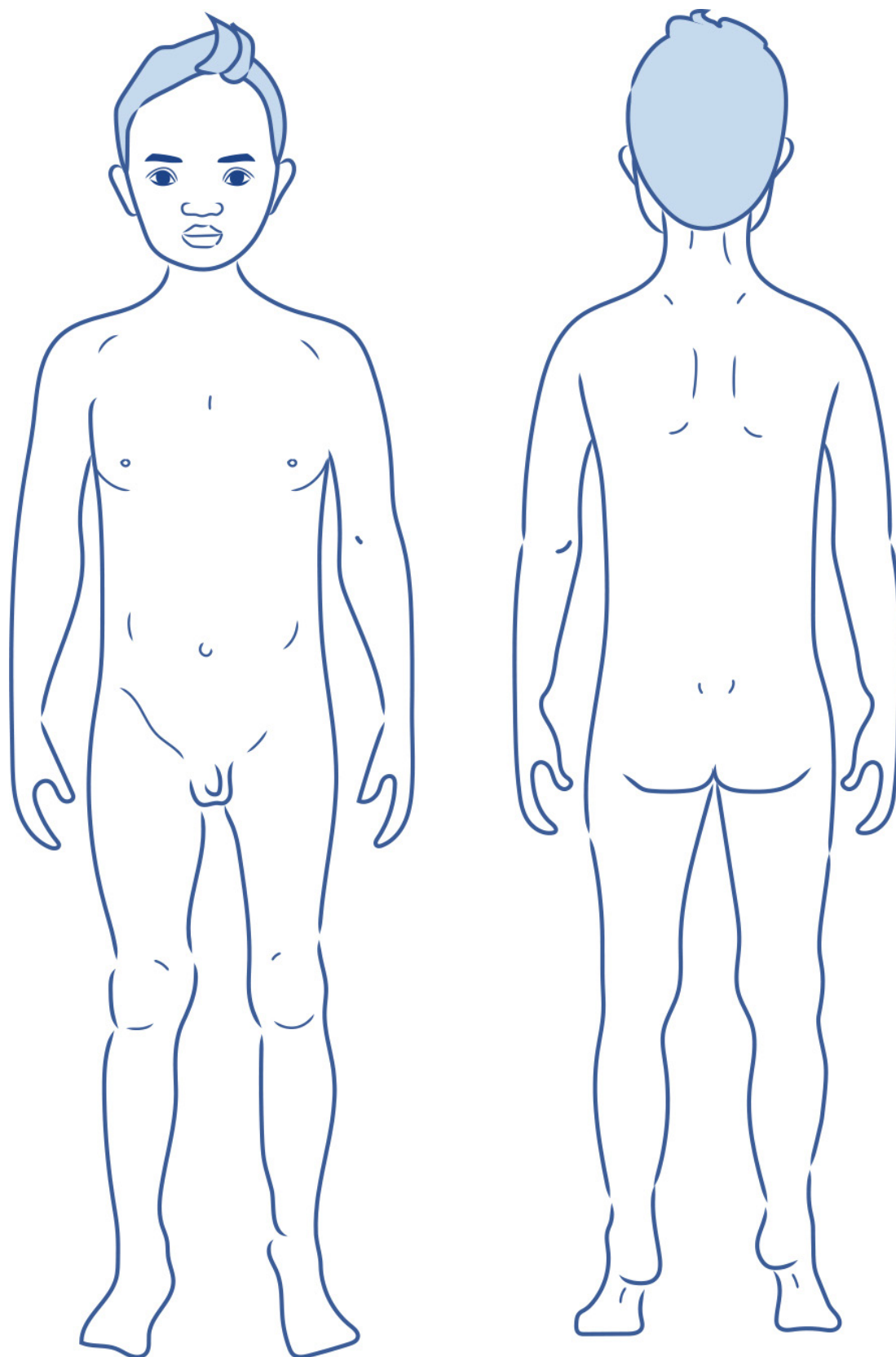
Toes

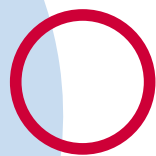


Worksheet

Body outlines







Images

No-Go-Tell



Copyright register

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3. Extended family: People photo created by bearfotos – www.freepik.com
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9. By Transport for NSW, Safety Town resource – <https://www.safetytown.com.au/book-content/es1/image-gallery/pedestrian-safety-image-gallery/>
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14. Kids on couch: Designed by Freepik – www.freepik.com
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17. Don't share personal info: Designed by pressfoto – www.freepik.com
18. Profile of boy with monitors: Image by ExplorerBob from Pixabay
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19. Mum cooking at stove: Food photo created by senivpetro – www.freepik.com
20. Cook with an adult: Food photo created by freepik – www.freepik.com
21. Wear oven mitts: Food photo created by peoplecreations – www.freepik.com
22. Stay out of the way: Book photo created by freepik – www.freepik.com
23. Don't touch stove: Mum cooking: Food photo created by freepik – www.freepik.com
Back of child's head: School photo created by pressfoto – www.freepik.com
24. Use a seatbelt: Designed by rawpixel.com – www.freepik.com
25. Girl closing car door: Designed by Freepik – www.freepik.com
26. Stay in your seat: By Transport for NSW, Safety Town resource – <https://www.safetytown.com.au/book-content/es1/image-gallery/pedestrian-safety-image-gallery/>
27. Crossing roads: School photo created by pvproductions – www.freepik.com
28. Look both ways before crossing: People photo created by freepik – www.freepik.com
29. Swimming at the beach: Cloud photo created by wirestock – www.freepik.com

30. Swim between flags: People photo created by rawpixel.com – www.freepik.com
31. Parents and child at pool: People photo created by rawpixel.com – www.freepik.com
32. Family at beach: Designed by Freepik – www.freepik.com
33. Try: Designed by pch.vector – www.freepik.com
Weather icons: Designed by Titusurya – www.freepik.com
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Weather icons: Designed by Titusurya – www.freepik.com
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Weather icons: Designed by Titusurya – www.freepik.com
36. Angry: Education photo created by freepik – www.freepik.com
37. Confused: People photo created by cookie_studio – www.freepik.com
38. Disgusted: Woman photo created by cookie_studio – www.freepik.com
39. Frightened: Kids photo created by freepik – www.freepik.com
40. Frustrated: Girl photo created by freepik – www.freepik.com
41. Grumpy: Designed by Freepik – www.freepik.com
42. Sad/hurt: Girl photo created by freepik – www.freepik.com
43. Lonely: People photo created by jcomp – www.freepik.com
44. Nervous: Designed by pressfoto – www.freepik.com
45. Shocked Designed by Freepik – www.freepik.com
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50. Happy: For websites: Designed by Asier_Relampagoestudio – www.freepik.com
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56. No girl: People photo created by master1305 – www.freepik.com
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58. Tell girl: People photo created by master1305 – www.freepik.com
Trusted people headshots: People vector created by freepik – www.freepik.com
59. In a car or bus: By Transport for NSW, Safety Town resource – <https://www.safetytown.com.au/book-content/es1/image-gallery/pedestrian-safety-image-gallery/>