

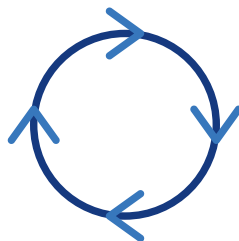
Anti-bullying: Activity 2

What is bullying?

Bullying has three key features:



1. It involves a misuse of power in relationships.



2. It is ongoing and repeated.



3. It involves behaviours that can cause harm.

It can be:

- verbal, physical or social
- in the open (overt) or hidden (covert)
- online bullying is using technology such as the internet or mobile devices to bully someone
- single arguments or fights are not defined as bullying. However they should be taken seriously and resolved.



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