

2025 Health and Development Participation Grant

Recommended Professional Learning

About this resource

Under Category 2 of the 2025 Health and Development Participation (HDP) Grant program guidelines, Early Childhood Education and Care (ECEC) services may use funding to engage in professional development and build capacity within the service to support children’s health and development.

The list below provides recommendations of courses ECEC services may wish to engage with using the HDP Grant funding. This list is not exhaustive and ECEC services may use funding for other professional learning and development courses, conferences or workshops, provided they are relevant to supporting children’s health and development and the Health and Development Checks in ECEC program.

Recommended Learning – Specific to Health and Development Checks

Course Link	Course Content	Developmental Domain
Culturally Safe Approach for Health and Development Checks in ECEC	<p>The Culturally Safe Approach (CSA) for Health and Development Checks (HDC) is a self-paced guide for early childhood education and care (ECEC) services receiving an HDC visit.</p> <p>These resources and reflections will support services in fostering a culturally safe and inclusive environment for Aboriginal and Torres Strait Islander families, ensuring every child in NSW can get the best start to life and learning.</p>	Cultural Responsiveness

Additional training and resources that are specific to HDC will be made available in early 2025. Services are encouraged to use the funding to attend health and development workshops and engage with the Department’s professional learning materials and tools, including resources and courses, provided by the Department.

Recommended Learning – Free Resources

Course Link	Course Content	Developmental Domain
Understanding and	This webinar series and accompanying workbook from Phoenix Support teaches educators about understanding and	Socioemotional

Course Link	Course Content	Developmental Domain
<u>Supporting Children's Behaviour</u>	<p>supporting children's behaviour in early childhood education and care services.</p> <p>Webinar topics include:</p> <ul style="list-style-type: none"> • children's emotional development • children's brain development • connections with children • supporting children's behaviour • working together with families and communities. <p>This course is available to all early childhood educators working in preschools, family day care and long day care services.</p>	
<u>Beyond Blue Learning Resilience</u>	<p>An in-depth understanding of social and emotional learning (SEL), and why its important for mental health and wellbeing. Further, provides educators with an understanding of how to intentionally teach SEL skills, and foster resilience in education settings.</p> <p>This course is available to all early childhood educators working in preschools, family day care and long day care services.</p>	Socioemotional
<u>Small Bites for Big Steps</u>	<p>The Small Bites for Big Steps on-demand video series and 3 NESA accredited Professional Development courses developed by Northern Sydney Local Health District cover a range of topics including:</p> <ul style="list-style-type: none"> • breastfeeding • healthy eating • physical activity • sleeping • oral health • school readiness • leadership. <p>These Professional Development courses and on-demand videos are freely available to all early childhood educators working in preschools, family day care and long day care. The Small Bites for Big Steps on demand videos are also available for families and carers to support the healthy development of their children in their First 2000 days.</p>	Physical Health

Course Link	Course Content	Developmental Domain
<u>Early Childhood Inclusive Education Webinar Series</u>	<p>This series of 7 interactive webinars from Special Teaching and Research (STaR) outlines the delivery of quality educational programs for children with disability and developmental delays.</p> <p>Webinar topics include:</p> <ul style="list-style-type: none"> • inclusion in early childhood services • observations and planning for inclusion • strategies to support inclusion • developing and implementing individual learning plans • transition to school for children with disabilities and additional needs. <p>These resources are relevant to all early childhood educators working in preschools, family day care and long day care services.</p>	Inclusion Support
<u>Inclusion in early childhood collection</u>	<p>A series of resources to support inclusive practices in early childhood education and care settings. The collection aims to support increased knowledge, skills and confidence in the inclusion of children within the ECEC learning environment.</p> <p>These resources are available to all early childhood educators working in preschools, family day care and long day care services.</p>	Inclusion Support
<u>Early Years Connect</u>	<p>This online program, delivered by the Queensland Government, is designed to help educators in supporting children with complex additional needs to participate in ECEC.</p> <p>This course is available to all early childhood educators working in preschools, family day care and long day care services.</p>	Inclusion Support
<u>AERO Early Childhood Learning Trajectories</u>	<p>The Australian Education Resource Organisation (AERO) resources outline learning domains and trajectories in each, alignment with EYLF, and provide strategies for educators to observe, plan and reflect. The reflection activity provides educators with an opportunity to deepen knowledge and understanding of the learning trajectories.</p> <p>These resources are available to all early childhood educators working in preschools, family day care and long day care services.</p>	Multiple

Recommended Learning – Resources at cost

Course Link	Course Content	Developmental Domain
<u>Language and Literacy Professional Learning Bundle</u>	<p>A set of online learning modules, webcasts and publications to support educators to build knowledge and contemporary practices around language and literacy in the early years.</p> <p>This course is available to all early childhood educators working in preschools, family day care and long day care services.</p>	Communication
<u>The Hanen Centre - Learning Language and Loving It</u>	<p>A virtual workshop delivered by the Hanen Centre to support educators to build language, literacy and social skills in early childhood settings. Addresses prevention of language delays, early language intervention and language enrichment in early childhood settings.</p> <p>This course is available to all early childhood educators working in preschools, family day care and long day care services.</p>	Communication
<u>Abecedarian Approach Australia (3a)</u>	<p>A short course delivered by the University of Melbourne which delivers practical, evidence-based teaching and learning strategies that enhance the quality of interactions with young children and support child development and learning.</p> <p>This course is available to all early childhood educators working in preschools, family day care and long day care services.</p>	Communication
<u>Supporting Behaviour and Self-regulation Professional Learning Bundle</u>	<p>A collection of materials including online learning modules, webcasts and ECA publications, curated by ECA to support educators to build knowledge and contemporary practices around behaviour and self-regulation in the early years.</p> <p>This course is available to all early childhood educators working in preschools, family day care and long day care services.</p>	Socioemotional