

Are the children in your care ready for school?

Your ECEC service can now offer **free** 4-year old health and development checks.



Information sheet for ECEC services



NSW Health professionals will look at the children's:

- height, weight and oral health
- communication, thinking and problem-solving skills
- gross and fine motor skills, and more.

Before the check

Your local health district will work with you to bring the program into your ECEC service.

You'll get posters for your service and information sheets for families. You'll need to hand out and collect signed consent forms before the checks take place.

On the day

Provide a room or private space. A staff member will need to be there to support the children at all times. Parents and carers can attend if they want to. No vaccinations are given.

After the check

All families will get a summary. This includes information on how to support their child's health and development.

If the family consents, NSW Health may share with you how to support their child in your service.

Frequently asked questions

Q. Why are ECEC services offering these checks?

Many children in NSW don't get their 4-year check. By making it easier to get the check, more children can get the support they need before starting school.

Q. How does my ECEC service sign up to offer the free checks?

Your local health district will let you know when they're coming to your area. You can also email them to say you'd like to host the program at your ECEC service.

Q. What if a child can't attend the check on that day?

Children can also get the 4-year check at their doctor or local child and family health service.

Q. What if a child has already had their 4-year check?

Children don't need to have the 4-year check again if they've already had it.



Scan the QR code to learn more
education.nsw.gov.au/health-and-development-checks